



Family Program

FROM
\$3,680

Family Program

11 days / 10 nights

Peru offers an authentic setting to start bonding as a family, while connecting with culture, nature and adventure. Embark on an extraordinary family vacation, visiting the imperial city of Cusco, enjoying the fresh air of the Sacred Valley, and marveling with the imposing citadel of Machu Picchu. At the end, discover the mysticism and enigmas of the Southern Amazon Rainforest, by staying at an eco-friendly lodge, with wonderful outdoor activities ideal for the children. This route is recommended for traveling with children aged six years and up, but is adapted according to age group.



Flight



Accommodation



Transfer



Excursions



Art



Food



ECUADOR

COLOMBIA

BRAZIL

BOLIVIA

PACIFIC OCEAN

Northern Beaches

Chiclayo

Trujillo

Huaraz

Lima

Paracas

Ica

Nazca

Arequipa

Machu Picchu

Cusco

Sacred Valley

Colca

Puno

Puerto Maldonado



Lake Titicaca

Day 1

Lima

(-/-/-)



Upon arrival into Lima International Airport, you will be met by our representative and private driver and will be transferred to your hotel.

Our representative will assist you with check-in procedures and provide you with a detailed itinerary, vouchers covering all the services included in your tour and additional information on the organization of your Peru trip.

You will also receive a contact information sheet with all the hotel details as well as our offices contact information for each city and a 24-hour emergency number.



Overnight in Lima.



Day 2

Lima

(B/L/-)



Start this wonderful journey through Peruvian Gastronomy with a very special welcome at the Peruvian Experience lobby.

Then you will learn a bit more about our known “super foods” such as quinoa and kiwicha, you will even be able to touch them. Once you have acquired this knowledge you will be invited to become part of the Kitchen Army in a short dark ride through the history of Peruvian Gastronomy.

After, you will visit the vineyard, where you will learn more about how Pisco, our spirit drink of choice, is made and even venture into making your very own Pisco Sour, the most tradition cocktail in Peru. With your Pisco Sour in hand, you will be welcomed into the cooking experience where you will prepare your own ceviche or causa and learn a bit more about the history behind these dishes and their names.

Finally, you will get a taste of Peru in a representation of a traditional market. Here you will be able to delete your palette with a sampling our most beloved dishes and drinks and also witness and learn a traditional Peruvian dance.

After the visit you will be transferred to your hotel.



Overnight in Lima

Day 3

Lima / Cusco / Sacred Valley

(B/-/-)



At the appropriate time, our representative will meet you at the hotel lobby and transfer you to the Lima Airport to board your next flight.

Our representative will assist you with check-in procedures and all departure formalities.

Arrive in Cusco, our guide will meet you upon your arrival and escort you to Sacred Valley



Ccochahuasi Animal Sanctuary & Pisac Market on route to Sacred Valley (private)

We start with a pick up from Cusco airport and make our way to the Ccochahuasi Animal Sanctuary.

This private organization is dedicated to rescuing animals that have suffered mistreatment or have been part of illicit trafficking.

These animals are handed to the Ecologic Police or the Government and then transported to the sanctuary where they are taken care of and, if possible, released back into nature.



Pisac Market



We then continue to the Pisac Market, which was the place of reunion for all artisans of the region to get together and exchange or buy and sell their products.

Originally held only on Sundays, but due to the increase of tourism in the area during the 20th century it became increasingly popular to the point that now it is held daily.

After, you will be taken to your hotel.

After the tour you will be transferred to your hotel.



Overnight in Sacred Valley.

Day 4



Kayaking Adventure in Piuray Lake

Sacred Valley

(B/L/-)



Half day Kayaking Adventure in Piuray Lake including picnic lunch (private)

Early morning departure heading towards Urubamba District until reaching Piuray Lake in search of a kayaking adventure above 3,500 meters above sea level!



This new and exciting way of exploring Cusco will lead you to discover this hidden beauty combining outdoor activity with spectacular scenery, culture and a majestic picnic lunch on the shores of charming Piuray Lake.

Begin with a relaxing yoga warm up before dipping into the lake for a stimulating kayaking experience. Then savor a nutritious picnic lunch elaborated with fresh inputs from the region cooked in an on-site clay oven. Enjoy the unbeatable view and unique location!

After lunch, you will be transferred to your hotel.

Note: tour includes security briefing, kayak equipment, yoga session, fruits & snacks station, picnic lunch & beverages, photos & videos of your tour



Biking at the Sacred Valley

Choose one of the following excursions for this afternoon:

Option 01



Half Day Biking at the Sacred Valley: Yanahuara to Ollantaytambo Inca Bridge (Private)

Full supporting guided trip. Cross country off road through the Sacred Valley of the Incas, agriculture fields, Andean terraces and villages. There is an opportunity to watch the local Andean people in their daily work.

Pick up from your hotel in Cusco and transfer for an hour until Paucarbamba Bridge. Upon arrival, receive a safety briefing and adjust your bike for the ride.

Go through a trail following the Urubamba River, the sacred river of the Incas, until reaching the town of Pachar.

From here, take an easy descend through an ancient Inca trail that passes through farming fields and Inca terraces until getting to the Inca bridge.

Level : Easy Ride. No prior experience required

Duration : 4 hours. (Around 1.30 hours of biking approx.).

Location : Sacred Valley of the Incas

Season : All year round / From Dec to March rain jacket required

Departures : Everyday / all year round



Overnight in Sacred Valley



Peruvian Paso Fino Horseback

Option 02



Half Day Peruvian Paso Fino Horseback riding (Private)

Unique horseback ride visiting villages and agriculture crops at Moray plateau.

Pick up from your hotel and transfer to the Sacred Valley of the Incas, until Maras. Here meet the horses and receive safety instructions for the riding excursion.

Follow ancient trails and start the uphill ride. On the way, appreciate Andean communities with its traditional houses built with adobes (mud bricks) and crops fields.

After one hour riding, arrive at the highest point of the tour (K'asa). From here, you will enjoy beautiful views of the Urubamba chain that surrounds the Sacred Valley, with snowcapped mountains of Pitumarca, Chicon, and Veronica.

Continuing the riding and have the first views of the Moray terraces, arriving there after two hours riding. Dismount the horses and visit this place.



Moray



Moray was used as an Inca laboratory to acclimatize the crops. Ancient people of the region took four enormous natural depressions in the landscape, sculpting them into several levels of agricultural terraces that served, hundreds of years ago, as an experimental agricultural station for the development of a different strain of crops.

After visiting this place, return to Cusco.

- Riding time: Ranch to Moray (2 hours)
- Rider's weight: Max. 85 kg. (187 pounds)

Level : Easy ride, no experience required.

Location : Moray

Duration : 5 hours from Cusco approx. (2 hours riding approx.)

Season : All year round

Departures : Every day. All year round

(Minimum: 2 passengers)



Overnight in Sacred Valley

Day 5

Sacred Valley / Machu Picchu

(B/L/D)



Morning transfer to the train station for an amazing train journey to the famous Inca Citadel of Machu Picchu, the great mountain-top city abandoned by the Inca Empire, reclaimed by the jungle and lost to humanity until its rediscovery in 1911.

Along the way you will enjoy the changing landscape as you travel from Andean highlands to the beginnings of the jungle ("eyebrow of the jungle"), before finally arriving at the town of Aguas Calientes.

From here, board the bus that will take you on a 20 minute ride up to the citadel of Machu Picchu, or Lost City of the Incas, which sits upon the summit bearing the same name, and is one of the most representative and recognized examples of Incan architecture.

A guided tour of the Citadel includes the Main Plaza, the Circular Tower, the Sacred Sun Dial, the Royal Quarters, the Temple of the Three Windows and various burial grounds.



The legendary 'Lost City' Machu Picchu



The legendary 'Lost City' is without a doubt one of the world's most impressive archaeological sites. Built by the Incas on the summit of "Machu Picchu" (old peak), overlooking the deep canyon of the Urubamba river in a semi-tropical area 120 Kms (75 miles) from the city of Cusco at 3,400 m.a.s.l (11,155 f.a.s.l).

It sits on a mountain site of extraordinary beauty, in the middle of a tropical mountain forest; Machu Picchu was probably the most amazing urban creation of the Inca Empire at its height, with its giant walls, terraces and ramps, which appear as though they have been cut naturally in the continuous rock escarpments.

Machu Picchu is also one of the Inca's best kept secrets, since they did not leave written records and Spanish chronicles make no mention of the citadel, it remains a mystery.



Buffet lunch at Tinkuy Restaurant - Belmond Sanctuary Lodge

A high quality novoandean-international buffet restaurant situated right at the entrance of Machu Picchu, located in the same building as the luxury Belmond Sanctuary Lodge property.

In the afternoon, return to Cusco by train and upon arrival at the train station you will be met by our representative and driver for your transfer to the hotel.



Overnight in Cusco

Day 6

HD Cultural Trekking (private)

(B/-/-)



Today you will embark on a different tour of Cusco City's surrounding archaeological sites begins with an early pick up from your Cusco hotel ending at the Plaza de Armas or Main Plaza of Cusco. From this point take a short walk to the San Cristobal view point that dominates a privileged view the city of Cusco, undoubtedly a special and magical place, a must for those photography lovers in search of portraying different angles of the Imperial city.

Continue with this great outdoor experience by walking to the Sacsayhuaman Archaeological site or Fortress, a ceremonial compound and magnificent example of Inca military power also offering a panoramic view of the City. Then walk to the Qenqo Amphitheater, a ritualistic site with subterranean galleries that form an underground maze.



From this point head to the District of San Blas, with its winding streets, the whitewashed houses, the blue balconies hung with geranium-filled flowerpots, the uneven line of the tiled rooftops and the endless stairways. This neighborhood is home to the folk artists of Cusco, who for centuries have used their hands to tell the tale of their longings and frustrations working in stone and woodcarving, sculpture, doll-making, silverware, weaving and textile arts, gold-leaf, mask-making, and an array of ceramics in utilitarian, architectural, sculptural, monumental, grotesque and many other styles.



Sacsayhuaman Archaeological Fortress



The excursion ends after descending to the Plaza de Armas strolling through cobblestone streets including a stop at Hatunrumiyoc Street to admire the 12-angled stone, perhaps the most famous example of the Incas' exquisite ability for cutting stones to fit together like jigsaw-puzzle pieces without mortar.

After the visit you may walk back to your hotel or stay to pace the town on your own.

PM: At leisure

Afternoon at leisure for activities on your own.



Overnight in Cusco

Day 7

HD Cuzquenian Colonial Ceramic Workshop (private) (B/-/-)



We start this journey with Julio Gutiérrez himself, artist dedicated to the craftsmanship and the recovery of the Colonial Glass technique, having great popularity in Peru as a craftsman obtaining several prizes such as winner of the "XVII Tenerife Award for Development and The Investigation of the Spanish and American Craft 2006", for his research work "Rescue of the Cuzquenian Colonial Ceramics", recognized by the UNESCO and the Ministry of Culture, his pieces have been exhibited in Europe, USA, Japan and Latin America.

On the Cuzquenian Colonial Ceramic Workshop, we start transforming the clay in its different processes; Kneading the material followed by a practice of lathe, then move on to the painting and glazing, area in which each participant receives an original piece of Julio's pottery, coated in lead-free varnish (Invention of Julio Gutiérrez in his research for the conservation of the technique) to transform it into a harmless material.

On this basis you will paint with oxides of colors and design a free creation, finishing the first process with the piece of art in the oven.





Cuzquenian Colonial Ceramic



After a 10-minute break that is shared with the artists; We go to the workshop of "Dorado Colonial Cusqueño" hosted by the collective Totemiq, a multidisciplinary team dedicated to creating and producing Peruvian Contemporary Art based on iconographic traditions, aesthetic language and production techniques of ancient Peruvian art (Precolombian and Colonial), represented from the interpretation of the contemporary artist.

After a short theoretical introduction of the traditional technique of the Colonial Dorado and the importance of the Cusquenian Brush School within the ideological preservation of the Andean Culture, the visitor is given a piece of ceramic, product of a collaborative interpretation between Kutiry (Julio Gutiérrez) And Totemiq of the traditional "Caballito de Pucará" or "Torito de Pucará".

We will work, artists and participants in the process of the Dorado technique through the traditional Colonial technique of metal sheets application (bronze and aluminum sheets), finishing the piece with acrylic paint in a process of free creation. The result of this synergy is the culmination of a unique piece in its aesthetic for its diversity in techniques, shapes and color.



Chocolate Workshop



We finish this experience in the gallery area where the participants can learn about the work of Julio Gutierrez and Totemiq understanding the story behind them.

The pieces that were worked on both sessions will go through a drying process and then they will be sent, properly packed, to the visitor's hotel in about 4 hours.

Chocolate workshop - Bean to Bar (shared)

This afternoon, you will learn the entire chocolate-making process at the Chocolate Museum, starting from the cacao tree from the Peruvian jungle and the origins of chocolate. Then you will make your own chocolates (120 g) with milk or dark chocolate and more than 15 different flavorings, during a 2 hour lesson.

You will also prepare drinks such as cacao tea, Mayan hot chocolate and European hot chocolate. At the end, you will leave with your own handmade chocolates filled the way you like them. Enjoy bringing them back to your friends and family. Chocolates will be ready 45 minutes to 1 hour after the workshop.



Overnight in Cusco

Day 8

Cusco / Puerto Maldonado

(B/L/D)



Transfer Hotel / Cusco Airport (private)

At the appropriate time, our representative will meet you at the hotel lobby, transfer you to Cusco Airport to board your next flight and will assist you with check-in procedures.

04 Days / 03 Nights Refugio Amazonas (shared)



Upon arrival, you will be welcome at the airport and transferred on a ten minutes ride to our headquarters. While enjoying your first taste of the forest in our gardens we will ask you to pack only the necessary gear for your next few days, and leave the rest at our safe deposit. This helps us keep the boats and cargo light.

Bordering Puerto Maldonado, we drive 20 kms to the Tambopata River Port, at the native Community of Infierno. Then, you will be transferred on a two hour and a half boat ride to Refugio Amazonas, going through the community of Infierno, and beyond the checkpoint of the Tambopata National Reserve, directly to the buffer zone of this protected area of over one million hectares.

Want it All – life at the fullest the Amazon Experience you will get to choose from a wide range of highlight Amazon activities, including family, adventure, wildlife and becoming part of science. Take it at your own pace and create the perfect experience for you.



The Big Grid

WIRED AMAZON



Decoding Live: Help us reveal nature's wonders, become a scientist and get the chance to discover a new species, there is an amazing world of diversity! We will meet the resident researchers team at the lobby for a brief explanation on the type of specimen we are looking for and how to identify them, they will handle us the material for collecting, we will walk around 15 minutes from the lodge to the light trap where all the diversity of insects we'll be waiting for us, with our eyes sharpened we will look for the selected species will be looking for and collect them, if we are lucky we will get the chance to discover a new species!

Low / Length 2:00 hrs



The Big Grid: We are building a Big Grid to answer Big Questions, become a researcher exploring the world of camera traps and the amazing wildlife you get to discover, it's a Big Neighborhood! We will walk around 20 minutes close to the mammal's claylick one of the favorite spots for wildlife! We will help the researchers collect the data from the camera traps and install some new ones! We will try them and make sure they are working correctly, on the way back to the lodge we will get to see what we got on the cameras!

Low / Length 2:00 hrs



Aerobotany: Why point to the stars when you can reach the canopy! Experience the incredible diversity of Amazon Trees and Plants for the Air! Throw a Drone from a 35mtrs scaffolding tower and get an incomparable view of the canopy, feel like a star! Complete your canopy tower experience, 20 minutes walking from the lodge, reaching the top of the trees. We will get the chance to observe the researchers program the drones for their daily route; we will get really nice pictures and videos from the air!

Low / Lenght 2:00 hrs



Mountain Biking

SOFT ADVENTURE



Mountain biking: Experience the beauty and excitement of the Peruvian rainforest along ten kilometers of trails! We provide a GT mountain bike, helmet and cycling gear, water bottle, and your very own mountain bike guide.

Low / Length 2:00 hrs



Kayaking: After a short hike along a jungle trail, your kayaking guide will get you geared up for one of the best ways to experience the rainforest. Your guide will quietly kayak with you along the edge of a river flanked by majestic rainforest to look for monkeys, exotic birds, caimans, and other rainforest wildlife. We will also make a stop at a sandy beach for a dip in the river before heading back to the lodge.

Low / Length 2:00 hrs



Canopy climbing: The canopy of the rainforest is where most of the action takes place and this activity brings you up into this exciting, little known realm. Two experienced, certified guides will take you to a massive Brazil Nut Tree and make sure that you are equipped with a helmet, harness, and gloves before showing you how to safely ascend high up into the tree with the Jumark technique.



Canopy Climbing



This is the same technique used by our Macaw Project researchers and other scientists who study the canopy and the ascent will bring you to a canopy platform 30 meters (100 feet) above the ground.

The view of the river and surrounding rainforest is incredible and you will have a good chance of seeing macaws and parrots flying over the roof of the rainforest, and may also glimpse monkeys as well as other wildlife.

Low / Length 2:00 hrs



Stand Up Paddle: Paddle boarding is an easy, fun way to experience the river. While paddle boarding along the edge of the river, we will look for monkeys, caimans, and other rainforest wildlife. A paddle board, paddles, life jacket, and experienced guide are provided.

Low / Length 2:00 hrs



RIVER EXCURSION



Chuncho Macaw Claylick Expeditions: Take a morning trip to one of Tambopata's famous macaw clay licks. This one is two hours by boat from the bungalow and is often visited by three species of macaws, parrots, and parakeets. Your guide will help you identify the birds and animals seen at the claylick and along the river with binoculars and spotting scope.

Low / Length 5:00 hrs



Sunset Cruise: Sunsets in the jungle are beautiful and one of the best places to enjoy them is from a boat on the Tambopata River. In the afternoon, your guide will take you to a waiting boat for an easy-going, two hour ride on the Tambopata River. Your guide will talk about the dynamics of this Amazonian river as you watch for rainforest wildlife and see macaws fly overhead before enjoying the jungle sunset.

Low / Length 2:00 hrs



Circle of fire

CHILDREN ACTIVITIES



Circle of fire: The first night, as a prelude to the upcoming activities that will take place with our guide, we head towards the circle of fire. A series of burners lights the path that leads through the forest and meets at the circle of fire. This is where Tawa, the ancient healer, house is with all its instruments and magic potions and extracts prepared from plants of the forest. There we sit and listen to our guide through the story "Ania and the Voice of the World" and learn the story and characters. It is the starting point for the adventure that awaits us in the coming days.

Low / Length 2:00 hrs



The Children's Rainforest Trail: Ania & The World's Voice: An exciting journey designed for children ages 4 to 10 years, we travel with our guides on a challenging (but short) walk, where we follow maps, solve riddles and find clues that will lead to the "treasure of ANIA." The path includes a visit to the houses of ANIA and TAWA, the grandfather of the woods. Searching for the "lost Brazil nut", the city of ants and other fun games teaches children how people live in the rainforest, why keep it and leave a valuable message ANIA: "A child born into the jungle to fill our hearts with hope."



The concept, history and the way are all registered in the name of ANIA, a nonprofit organization with a mission to create 100,000 acres of "Land of Children" – private, protected areas managed for children.

Low / Length 3:00 hrs



Rainforest Tattoo: At the lodge, we will prepare a paste from the fruit of huito and achiote to draw dark blue and red tattoos on ourselves. They last several days.

Low / Length 2:00 hrs



Canopy Tower

CLASSIC ACTIVITIES



Caiman Search: We will be out at the river's edge at night, scanning the shores with headlamps and flashlights to catch the red gleams of reflection from caiman eyes.

Low / Length 2:00 hrs



Oxbow Lake Visit: We will paddle around the lake on a canoe or a catamaran, looking for lakeside wildlife such as hoatzin, caiman and horned screamers, hoping to see the otters which are infrequently seen here. You will also be rewarded with overhead sightings of macaws.

Medium / Length 3:00 hrs



Canopy Tower: A thirty minute walk from Refugio Amazonas leads to the 25 meter scaffolding canopy tower. A bannistered staircase running through the middle provides safe access to the platforms above. The tower has been built upon high ground, therefore increasing your horizon of the continuous primary forest extending out towards the Tambopata National Reserve. From here views of mixed species canopy flocks as well as toucans, macaws and raptors are likely.

Medium / Length 2:00 hrs



Farm Visit

Farm Visit: Five minutes downriver from the Lodge lies a farm owned and managed by charismatic Don Manuel from the neighbouring community of Condenado. He grows a variety of popular and unknown Amazon crops – just about every plant and tree you see serves a purpose.

Low / Length 2:00 hrs

Ethnobotanical Tour: Along this trail we will find a variety of plants and trees that are used by the local population with at least the same variety of purposes. We will learn about the medicinal (and other) uses of Ajo-Sacha, Yuca de Venado, Uña de Gato, Charcot-Sacha, Para-Para, among several others.

Low / Length 2:00 hrs

Tambopata National Reserve Lecture: Nightly lectures prepared by the staff of Refugio Amazonas cover conservation threats, opportunities and projects in the Tambopata National Reserve.

Low / Length 1:00 hr



Parakeet clay lick: A fifteen minute boat ride and sixty minute walk from Refugio Amazonas is a clay lick used both by parrots and parakeets. From a blind you will see parrots and parakeets descend on most clear days to ingest the clay on a bank.



Mammal Clay Lick

Species such as Dusky headed and Cobalt winged Parakeet descend at this clay lick. With luck we will also see some or all of the following species in the early morning rush: Mealy and Yellow-crowned Amazons, Blue-headed Pionus, Severe macaw and Orange-cheeled (Barraband`s) Parrot. We visit the lick at dawn, when parrots are most active or in midmorning or early afternoon, when they are active.

Medium / Lenght 3:00 hrs



Brazil Trail Nut and Camp: A few minutes hike from the lodge is a beautiful old growth patch of Brazil Nut forest that has been harvested for decades (if not centuries) where the precarious remains of a camp used two months a year by Brazil Nut gatherers can still be experienced. We will be demonstrating the whole process of the rain forest's only sustainably harvested product from collection through transportation to drying.

Low / Lenght 2:30 hrs



Mammal Clay Lick: Twenty minutes walking from Refugio Amazonas is a peccary clay lick. These wild rain forest pigs show up in herds of five to twenty individuals to eat clay in the late morning. Chances of spotting them are around 15%, but well worth the short hike. Other wildlife also shows up including deer, guan and parakeets.

Low / Lenght 2:00 hrs



Overlook Walk



Night Walk: Most of the rainforest comes to life after dark. This makes the night the best time of the day to see bizarre and beautiful frogs, insects, and other nocturnal animals. Your guide will take you on a trail that leaves from near your bungalow for an hour and a half exciting night hike into the primeval Amazon rainforest.

Low / Length 1:30 hrs



Overlook Walk: This 2 km trail will bring us along the Tambopata River. We will be able to clearly separate a Terra Firme Forest from a Secondary Forest after this walk, as the trail crosses both habitats. Resting on the benches we can witness the Tambopata on its unhurried journey across the lowland rainforest.

Low / Length 2:00 hrs

Day 11



Lima Airport assistance (private)

Upon arrival into Lima International Airport, you will be met by our representative who will assist you with check-in procedures and any departure formalities for your next flight.

A scenic view of the Machu Picchu ruins in Peru, nestled in a valley with steep, forested mountains in the background. The ruins are built with stone and are surrounded by lush greenery. The sky is clear and blue.

Discover the Magic of Peru with Metropolitan Touring

For bookings and further information please contact your Sales Expert
info@metropolitan-touring.com.pe